

KATIE MATTHEWS

FSA, MAAA

Consulting Actuary

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Current Responsibility

Katie Matthews is a consulting actuary with Milliman's Health Practice. She is located in Denver, Colorado, and joined the firm in 2013.

Professional Work Experience

Katie's areas of expertise include commercial pricing strategy, underwriting, and rate filing support in multiple states, Medicare Advantage bid pricing, provider contracting support, and behavioral health. Her recent work has included working with commercial insurers in developing strategic payment mechanisms that best fit insured populations, risk adjustment analysis, and MLR and year-end financial reporting. She also has completed return-on-investment analyses of multiple care management and integration programs with varying care model structures. Katie has completed substantial research regarding the impact of MHPAEA and opioid use disorder on utilization of healthcare services and other costs. In behavioral health, Katie has worked with health plan issuers and employers in determining compliance under Mental Health Parity, as well as measuring cost savings, estimating intervention program or point solution impacts, and developing cost and utilization benchmarking.

Professional Designations

- Fellow, Society of Actuaries
- Member, American Academy of Actuaries

Education

- BS (Summa Cum Laude), Actuarial Science
- BA, Music, Business minor, Economics minor, Florida State University

Presentations and Publications

- Navigating the latest mental health parity rules (co-author), February 2025.
- Independent review of Summus Global's client savings estimation methodology (co-author), December 2022.
- Economic costs of the opioid crisis for employers (co-author), August 2020.

- Financial sustainability of an integrated medical-behavioral primary care practice (co-author), June 2019.
- Opioid use disorder: Costs, utilization, and comorbidities (co-author), May 2019.
- Opioid use disorder in the United States: Diagnosed prevalence by payer, age, sex, and state (co-author), March 2018.
- Potential economic impact of integrated medical-behavioral healthcare: Updated projections for 2017 (co-author), February 2018.
- Impact of Mental Health Parity and Addiction Equity Act (co-author), November 2017.
- Nonquantitative treatment limitations in the spotlight (co-author), October 2017.
- Society of Actuaries Mental Health Parity and Addiction Equity Act – 2019 Update Webcast (presenter).
- American College of Preventive Medicine Prevention 2019 (presenter).
- Society of Actuaries 2018 Health Meeting (presenter).
- Society of Actuaries 2018 Annual Meeting (presenter).
- American Society of Addiction Medicine Conference 2018 (presenter).